

Red Bend Catholic College



A local community of Mission within the Australian Marist Community

Newsletter



Principal's message | Mr Stephen Dwyer

It is always pleasing at the start of a new term to see and hear the excitement and buzz of the students on the first day of term. This is an important time as they reconnect with one another and settle back into life and learning for the final weeks of the academic year.

The term began with our Commissioning Assembly for our newly appointed Student Leaders for 2021. At this ceremony, we use the symbol of the washing of feet to say something very clearly about what we think that being a leader is all about. This ritual is followed because of the example of Jesus, who, although he was the master, got on his knees and washed the feet of his disciples. It is not about clean feet; it's about our attitude to one another, our desire to be of service, and our joy in helping each other live full and happy lives.

Leadership at the College is about this same concept: service. Our student leaders for 2021 are reminded that service is about being available to others, being good role models and using their initiative as they fulfill their responsibility to and for the students at the College. As Jesus himself said, "Do you understand what I have done? I, your Lord and Master, have washed your feet. Go, and do likewise."

I hope that our new student leaders enjoy their positions of leadership and carry out their responsibilities to the best of their ability, always remembering that support is always available to them.

Please see in this newsletter, the inaugural speeches of our 2021 College Captains, Maisy Osborne and James Finn, that were presented at the Commissioning Assembly. We are blessed to have such fine leaders.

Our protocols for COVID-19 remain in place at least until the end of 2020. Students should ensure they use the hand sanitiser provided as they enter learning spaces and regularly wash their hands. The health and wellbeing of all students and staff is our priority. You can assist by:

Keeping your children home if they are unwell, even with mild symptoms. If your child has flu-like symptoms they must get a COVID test and not return until they are symptom free and have received a negative COVID test result. The test result must be given to the College before returning to school.

Since the introduction of the new procedures regarding mandatory COVID-19 testing for any flu-like symptoms among staff and students, I am most grateful for the response from parents when it comes to keeping their children home and following up with the appropriate testing and reporting back to the College. Thank you for your support and cooperation as we adhere to the COVID regulations from NSW Health for all schools.

On Tuesday our Year 12 students began their HSC examinations. This is the culmination of 13 years of study and for many, their effort and positive attitude will be rewarded by their results. These students benefit greatly from the good habits around study, homework and using feedback from their teachers that they have built over the years. I encourage all of our students to develop good habits of their own. I am very proud of the HSC class of 2020 and I ask you to keep them in your prayers as they complete these exams and transition into post school options. I thank the teachers and the staff crucial to the success of our senior students for their dedication in going above and beyond in contributing to the learning and success of these students. Thanks also to those senior teachers who volunteered their holiday time to work with these young women and men.

May Mary our Good Mother and St Marcellin Champagnat continue to watch over our community.



Year 12 2020

2021 College Captain speeches



Maisy Osborne

Mr Dwyer, Mr Metzelling, staff and students, thank you for this opportunity to address you all this afternoon.

James and I both agree that being school captain is a special privilege that we are excited to share. For us, this role entails a commitment to improving your time at school and creating opportunities that inspire you into strong-minded, resilient and happy learners.

Our Marist community places great importance on learning and wellbeing for all staff and students. This is an area that James and I are both passionate about and are optimistic in making our priority for 2021.

Learning is an important tool, and it is something that we should be grateful for. School is a great place to learn about Maths, History or Shakespeare. However, it is also a place where we learn the use of conflict resolution, how to handle your emotions, manage stress and create balance.

This particular time in our lives can put forward many obstacles and stresses for us to tackle and it's important to consider your wellbeing and make sure you keep your life balanced. By prioritising your wellbeing you put yourself in a position to conquer these challenges. Just remember you only know what people choose to show you so like James said, it pays off to be thoughtful and considerate.

Together, we hope to build upon the many support networks for students here at school. Whether it be through study centre, counselling, pastoral care or improving relationships between staff and students.

My advice is take care of yourselves the best you can and look out for each other too. Small acts of care for each other will have a ripple effect that will influence the wellbeing and learning of our Red Bend community members.

I can assure you that our newly elected captains and all year 12 leaders are on board with this. The depth of leadership we have in our house, liturgy and boarding captains this year is awesome. These students have the capacity and potential to lead you into a hopeful and encouraging 2021. On behalf of James and myself, we would like to wish them all the best of luck and can't wait to serve alongside the school community in the coming year.

Thank you.



James Finn

Good Afternoon, Mr Dwyer, Mr Metzelling, Staff, Students, Special guests, and Family and Friends watching from home.

To begin, Maisy and I would like to say a huge thankyou to you the college community for giving us this very special opportunity to be your College Captains for 2021. We both feel very honoured and excited to stand

here before you today and give you our first address as College Captains and we are very grateful that we are now able to give back to Red Bend for everything we have received during our time here.

All leadership is extremely important at Red Bend as it is a role that requires a great deal of commitment to the whole College Community. It is about trying your very best to work well with you, the Staff and Students, in order to continue to work on and develop the amazing place that Red Bend already is. It is important that the entire leadership team and all of year 12 lead the school through using the marist values that have been instilled in us over our years at Red Bend. These values include Love of Work, Simplicity, in the way of Mary, Presence and Family Spirit. It is by living these values that we as a community continue to grow and flourish.

As your College Captains, Maisy and I are going to strive to continue to build on the welcoming, safe, friendly environment that Red Bend is today. We want to make sure that everyone feels welcomed once they enter in through the big blue gates and that we all look out for each other, just like Eeyor once said, "A little consideration, a little thought for others, makes all the difference."

We both agree that leadership is about influencing others and as your College Captains we will aim to encourage you all to try something new over this next year.

One of our main initiatives as College Captains will be to make sure that many of the wonderful events on our College calendar will be able to go ahead over this next year. If not, we plan to modify and come up with new ideas as a community to make 2021 one of the best years yet.

This is possible as we are a very resilient community, that can get through difficulties and achieve greatness, by making the most of what we have.

It is a privilege to be your College Captain and work alongside Maisy, the executive, the leadership team and all of year 12 to make 2021 the best it can be

Thank you.



2021 Leaders



Deputy Principal's message | Mr James Metzeling

This week I spoke to the students about respect. This included respect for others, respect for themselves and respect for school property. Respect for others means that you accept somebody for who they are, even when they're different from you or you don't agree with them. Respect in your relationships builds feelings of trust, safety, and wellbeing. Respect doesn't have to come naturally – it is something you learn, however it is something that we expect all students to put in place and respect each other. This all comes down to treating people how you would like to be treated.

Respect for yourself is known as self-respect. It is your view of how you're living your life. This includes how you present yourself, take care in your appearance, how you look after your body (both physically and mentally). This links closely with your mental health and it's important that we continue to promote having a positive self respect.

The final type of respect is- respecting others belonging or property. By respecting other people's property then you are showing that you appreciate and are grateful for what they have and also what they are potentially providing for you. You will also be able to avoid trouble because you will not have broken, vandalized, or lost something that belongs to someone else. This includes the way students are looking after our classrooms and also the yard. A lot of work was done over the holidays making sure desks were cleaned and the yard looks fantastic so I encourage everyone to continue to look after our facilities at the school and give thanks for what we have.

We have a beautiful campus and as a whole we look after it well but it's important that we don't let our standards drop and that we continue to appreciate and respect our learning environment. We truly are blessed and I give thanks to all of our community for making this school such a wonderful place to come to each day.

I leave you with the following thought :

"Community is much more than belonging to something, it's about doing something together that makes belonging matter"

I wish you a fantastic weekend and week ahead .
God Bless.

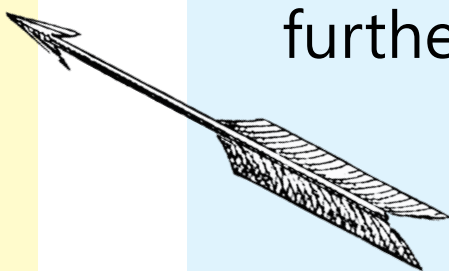
YEAR 7 2020

our current Year 7 students will NOT come to school on Monday, November 16.



YEAR 7 2021 ORIENTATION DAY

We are excited to welcome our Year 7 students for 2021 to the College for Orientation Day on Monday, November 16. Information has been sent to all families. Contact the College for further information.



... which means



Director of Faith Formation | Mr Matthew Pearce

Since the start of Term 4, our thoughts and prayers have been continuing with those who are unwell in our community along with all of our Year 12s who are either sitting their final exams and/or moving into further studies, traineeships or employment. We ask our Lord to look after those in our community and to remind them of God's unending love. Please click [here](#) for Dr Frank Malloy's lovely reflection on this.

At our College, we sincerely thank Fr Barry Dwyer and Fr Simon Apablaza for celebrating Mass with our College in RE classes. Our students are enjoying the time together, especially the knowledge of our wonderful celebrants. In our Diocese, our College joined in- although virtually due to COVID-19 restrictions- with the ordinations to the priesthood of Deacons Getulio Goncalves Neto and Ravi Muvvala at the Sacred Heart Cathedral of Broken Hill. Our College community celebrated their ordinations in assembly prayer along with watching the ordination online (please click [here](#) for the link). In Marist news, we look forward to our Year 11s joining with students from Marist Schools in NSW/ACT for an online Marist Superconnect at the end of this month to talk, discuss and pray together. In Catholic news, I encourage you all to check out a great video put out by the Catholic Diocese of Parramatta on Why we go to mass? Click [here](#) to watch the video.

Liturgy Captain's Assembly Prayer Term 4 Week 2 assembly:

(Abbey Kennedy)

Let us remember we are in the Holy presence of God.
In the name of the Father, and of the Son, and of the Holy Spirit. Amen
On behalf of the incoming Liturgy Captains, we would like to thank the previous captains for all their work. We are looking forward to working with you and leading our great community in faith. If you have any ideas on how to further live out the gospel message, please come and talk to any one of us. Yesterday evening, our Diocese celebrated the Ordination to the Priesthood of Deacons Getulio and Ravi at the Sacred Heart Cathedral of Broken Hill. This is a very important moment in our Church and a youtube link will be sent out to our community so you can watch the ceremony in your own time online.

(Max Gates)

In light of this, it is important we all are able to serve others. It may not be as a religious priest, sister or brother yet, but it can be in the form of volunteering in our own time. This week, you can join in with Vinnies training tomorrow afternoon for Years 10 and 11, you can help with Outreach on a Friday afternoon, or attend our Friday 8am communion service in the Chapel. All these opportunities have been emailed to you by Mr Pearce. However, you may simply pick up extra jobs around your own house to help your family or boarding community. So let us take a moment to consider how we might best serve others.

Mary our Good Mother, Pray for us
Saint Marcellin Champagnat, Pray for us
Venerable Catherine McAuley, Pray for us
And let us always remember, To pray for one another
In the name of the Father, and of the Son, and of the Holy Spirit. Amen

SRC Update

Student Representative Council Assembly Report Term 4 Week 2 assembly:

(Noah Pearce)

Good afternoon all,
The SRC would like to welcome you all back to the final term for this year. The incoming SRC will be serving on Outreach, the canteen, BBQ, and assembly. The Senior SRC is running the BBQ this Thursday morning. A reminder to get involved in the many great activities our College has to offer. Make the most of these opportunities to be proud of your gifts and talents and put them to good use.

(Grace Taylor)

We would like to continue to serve you as the previous SRC did. Feel free to approach us as we will be wearing our SRC badges with pride. The SRC would like to encourage you to use the study centre, especially this term as we lead up to exams. Email Mrs Wheeldon if you are interested.

For the school to properly hear your ideas, please use the SRC suggestion box located in the library or you can use our online SRC suggestion box. This will be emailed to you by Mr Pearce. He has also emailed a Council sticker design competition for years 7-10 to enter.

We would like to remind you to be respectful of the gardens which have been improved over the holidays. Please look after this by using the paths around the gardens and not going through them.

We are the SRC and we're here for you.



Catholic Earthcare Australia

By Vienna Farrell (Year 8 student)

The Catholic Earthcare Youth Convocation is a string of events to combat sustainability and environmental issues. This year it was changed from a live event to multiple zoom calls. There were many different types of event formats during the convocation such as interviewing economists and various discussions and panels on Zoom calls.

I had a range of different involvement in the convocation. I designed Instagram posts for the Earthcare Instagram and Facebook accounts and the Earthcare bingo challenge. I also asked Ross Garnaut, who is an Australian economist, a question about 'How Covid-19 has impacted the economy and the environment.'

One of the main events I attended was the international youth conversation which was on the 29th of September. It was an entirely youth-run and produced event. There were representatives from around the world who participated and discussed how we can improve our carbon footprint. The representatives all had a turn to explain what sustainability issues that they face in their countries. We had Representatives from Malta, Russia, Poland, New Zealand, Uganda and of course Australia.

I helped plan the International Youth Convocation and acted as a co-host for the event which meant I was a panellist along with all the other international representatives. I introduced one of the videos called 'Generation Earth'. I also participated in the discussion we had, and I talked about how Red-Bend has made reusable masks for the less fortunate in a Mercy community in Fiji. One of my final contributions was introducing the Earthcare bingo challenge, which is a list of small ways you can help your eco-footprint.

I learnt a lot about sustainability and our changing planet, such as:

- The environment is also tied strongly to the economy and the COVID-19 situation that we are faced with now from the event with Ross Garnaut and Bronwyn Lay.
- The different environmental issues faced by the countries involved with the international youth conversation.

- Uganda's waste and the soil erosion they experience.
- The smog and air pollution in Poland and the microplastics in the Baltic Sea discussed by the Russian students.

Additionally, I heard about helping the migrants coming by boat to Malta and reflected on the horrible impacts caused by the Australian bush fires. I also met a lot of different people and had a fun experience planning and organising the events but also designing the Instagram posts and bingo challenge.

Now, what does this all mean for Red Bend? Currently, we have the return and earn system to recycle aluminium cans, plastic bottles and glass bottles and the SSO has reusable drink bottles for students to purchase instead of using plastic single-use bottles which is a great start. The representatives from Uganda, Russia and Malta are from schools known as eco-schools which are eco-friendly schools, and I think we could learn a lot from them.

There are 59 000 eco-schools in 68 countries around the world. Their initiatives are to instil sustainable practices into young people so they can change their communities for future generations. I have learnt from the Earthcare events and the eco-schools, that we need to reduce our waste and recycle common materials such as food scraps, plastics and paper. As a school community, I believe that we can improve our recycling and waste systems to reinforce the three R's which are, reduce, reuse and recycle.

For now, I invite you to look over and keep in mind the strategies you can put into play at home and school by checking out the Catholic Earthcare bingo challenge. We will send this out to our College community. It has a variety of small ways you can reduce your carbon usage and also has a few blank squares to be filled with your ideas.

(BELOW) Screenshot of the Youth Convocation, with Vienna speaking in the top right hand corner



Environmental

#EARTHCARE_BINGO_CHALLENGE

Bingo

Earthcare is challenging you to complete this bingo card!

We want to save the world... but it's easier said than done!

But you can still help, little things you do on a daily basis can always be changed to make your eco foot print a little smaller!

So we have a list of little things you can do that can make your life a little more eco friendly!

start recycling or improve current recycling	start a compost bin	ask for paper straws for a week	make a native bee habitat	make an old t-shirt into a bag
	have a competition with friends and family to see who picks up the most rubbish in a certain time frame	Start using material bags or reuse thick plastic bags for shopping	Tell someone about earth care and about ways to combat climate change	Ditch plastic drink bottles
Donate unwanted items instead of disposing of them	If possible walk to work or school for a week		Make a bird box	Start herb or vegetable garden
Purchase some clothing or other items from a thrift store	Shop locally for a week	turn down your brightness on your devices by a quarter	Plan ahead to walk or use public transport to travel for a week	Plant a native tree
Ditch single-use plastic produce bags for material ones	Reuse cardboard boxes from mail	Make and spread DIY seed bombs	Skip single use plastic cutlery	Use compact fluorescent light bulbs

IF YOU COMPLETE THE CARD WE WOULD LOVE TO SEE IT!

TAG US ON INSTAGRAM OR FACE BOOK AND USE THE HASHTAG

Instagram: @CATHOLICEARTHCAREMESSAGE
Facebook: CATHOLIC EARTHCARE AUSTRALIA

#EARTHCARE_BINGO_CHALLENGE





Director of Students | Mr Ash Hogan

UNIFORM

Students have started the term well and should be congratulated for the pride they show in their uniform. I encourage them to continue this as it shows they have respect for themselves and others. Please see below our Summer uniform expectations for boys and girls:

Girls uniform

- Summer Dress (at least knee length)
- White knee high length socks that cover the calf
- Blue College embroidered V-neck jumper
- Black lace-up, polishable leather shoes with a heel. The shoe must cover the entire foot (College approved—not boots, slides, suede-type or slipper-type shoes/ballet flats)
- College cap/hat for outdoors activities



Boys uniform

- Summer
- Grey College approved shorts
- Grey knee high length socks that cover the calf
- Black lace-up, polishable leather shoes with a heel. The shoe must cover the entire foot
- Blue shirt with Crest
- Blue College embroidered V-neck jumper
- College cap/hat for outdoors activities



On pages 24 and 25 in the Student Handbook there is reference to general appearance which includes hair, makeup, nails and jewellery expectations for our students. If parents/carers or students have any concerns or questions please speak with the House Coordinators or myself. We thank our parents and carers for your ongoing support in this area.

BEHAVIOUR AND MANNERS

RBCC prides itself on the fact students are well behaved, they look out for others, they use manners and are engaged and apply themselves in class. Visitors to the College regularly say that one of the things that sets us apart from other schools is the way in which our students approach others in a caring and respectful way. Students can refer to the student handbook, especially page 17 to ensure they are meeting the requirements of the College when it comes to these areas.

General Expectations for RBCC students

- Address staff appropriately
- Use respectful language at all times
- Respect all people and property
- Walk promptly to all classes and between periods

Once again we are very proud of the approachable and respectful nature our students convey to those around them.

Student Wellbeing Framework

After our initial survey feedback from parents/carers, students and staff, the Student Wellbeing Framework Committee are continuing to work on the key areas that need to be included in the framework. We are hoping to finalise these in the coming weeks so as to then hold an online parent/carer forum to allow for further discussion and feedback to occur. More information will be sent out about this and how you can be involved in this forum.

YEAR 11 Parent/Teacher phone conferences

Year 11 Parent-Teacher Phone Conferences will be held on Wednesday 4 November 2020, from 4.00pm to 6.00pm. These interviews are an opportunity for parents/carers to receive feedback on their child's achievements in the Preliminary courses and an opportunity to discuss the HSC courses.

In light of Government and Health regulations, face to face Parent Teacher interviews will be replaced with communication via phone. To make an appointment for a phone interview parents/carers will need to access the parent portal on the college website www.redbendcc.nsw.edu.au

The link will be available from Wednesday 21 October until Tuesday 3 November. If unable to access the internet to make bookings, please contact the ICT department at the College on 68522000 or email it@redbendcc.nsw.edu.au, who will be able to facilitate the procedure for you.



That's right, Forbes Junior Cricket has opened registrations for upcoming season.

For our young cricketers it's time to sign up to play in the Under 10's,

Under 12's, Under 14's and Under 17's competitions.

There are Saturday morning sessions for children aged five to seven years (the Junior Blasters) and seven to 10 (Master Blasters).

These only run for about an hour, and are designed to teach the game to beginners and help children develop their skills.

You can use your Active Kids voucher to register if you haven't used the two NSW Government vouchers yet this year.

Go online to playcricket.com.au and search for the Forbes club, or go to the Forbes Junior Cricket Facebook page for direct links and more information.

WWI Living History Incursion

On Wednesday the 14th of October our Year 11 Modern History and Year 9 students had the pleasure of participating in the WWI Living History incursion run by Shane Blackman. Shane is an expert in First World War history and presented an interactive display on the average Australian soldiers experience of the trenches of France and Belgium in 1916-1918.

The students had the chance to select historical artefacts from the extensive display, whereupon Shane would reveal the stories attached to each object and answer any student questions of which there were many! After each explanation students had the opportunity to hold and examine many of the items themselves. Many of our students were enraptured by the chance to touch the physical historical objects, and they very much appreciated the student-led nature of the presentations.

Afterwards many students commented on how Shane was an engaging and funny presenter who helped to bring this important time of Australian history to life.

This was the perfect way for our Year 11 Students to conclude their Preliminary Course and their study of the First World War. It was also a fantastic way to revisit the Australians at War topic which was studied by our Year 9 Students earlier in the year.

The students are to be commended for their enthusiastic participation in the incursion. I would also like to thank Shane for coming out to Red Bend Catholic College, and Mrs McMillan for her organisation of the day.

Mr Cameron Menzies

2021 Enrolments

Our Captains Maisy & James would like you to know that the College are still taking enrolments for 2021.

Call Tiff our Enrolment Officer on 6852 2000 or 0400 767 526



2021 school travel applications are now open

Applications for student travel in 2021 opened from Monday 12 October 2020.

Click on the link for more information

<https://apps.transport.nsw.gov.au/ssts>

Book week 2020

We celebrated Book Week in the library this week. The theme for this year is "Curious Creatures, Wild Minds". These celebrations usually happen in August, but, because of Covid, they were postponed until now. Thankfully, the occasion was not cancelled like so many other events have been. We have had special activities at lunch times each day this week including: Creating Curious Creatures- winners were Ronald Barker and Charlie Seymour Mythical Creatures Anagrams and Collective Noun matchups- Winners were Riley Hough and Archer Doyle Mythical character Identification and Wonderword- winners Isla Kennedy/ Charlotte White and Tom Greenhill Digital jigsaw- winner was everyone!! Thank-you to all the students and staff that supported our celebrations. We look forward to bigger celebrations next year.

