

Red Bend Catholic College



A local community of Mission within the Australian Marist Community

Newsletter



Principal's message | Mr Stephen Dwyer

Dear parents, carers, friends and students.

As we enter the season of Lent, we are invited to enter a time of reflection for the next 40 days to prepare for the coming season of Easter. In the previous year, each of us has faced many joys and also various challenges.

We have lived in the era of a pandemic that has created much uncertainty for us all, and this has impacted each of us in different ways.

When events like this occur, we are often brought to a standstill, and our natural response is to watch, act and prepare. These moments challenge us to reassess our lives and plan for the future. During Lent, we are called to do the same by focusing on prayer, fasting and almsgiving. That is, prayer to enhance our relationship with God, fasting and going without, as well as giving and doing things for others. By committing to these during Lent, it becomes possible for us to live in sincere faith, hope and effective charity.

During Lent, Pope Francis encourages us to be increasingly concerned with "speaking words of comfort, strength, consolation and encouragement, and not words that demean, sadden, anger or show scorn" (Fratelli Tutti, 223). In order to give hope to others, it is sometimes enough simply to be kind, to be "willing to set everything else aside in order to show interest, to give the gift of a smile, to speak a word of encouragement, to listen amid general indifference".

At assembly this week I spoke with the students about what is distinctively Marist about our College and how this guides how learning occurs and the way we relate to each other. Inspired by St Marcellin Champagnat the founder of the Marist Brothers, Marist educators, before all else, love their students. Their approach is marked by simplicity, family spirit, love of their work and presence in the midst of those whom they are called to serve. Marist schools welcome all young people, whatever their circumstances, offering each one an education which draws faith, learning and life into harmony.

A Love of our work, was one of the defining features passed on by St. Marcellin. He was a man who worked hard, he studied hard, was persistent

with his learning and he worked through many challenges and setbacks in his life. He also worked hard physically in constructing buildings for the brothers and students to live and study in. St Marcellin had a dream. He set goals and worked very hard towards achieving them.

What does that mean for students at Red Bend today? If you look on our College website, this is what it says about A Love of our work

A love of our work is evident in having ...

- enthusiasm for the work of the school
- a generosity of heart without any attention-seeking
- the honouring of all work and those who undertake it
- high expectations of student achievement
- zealous search for effective methods and openness to innovation

These are important aspects for our students to consider. These important aspects aim to foster in Red Bend students critical thinking and a willingness to challenge themselves.

As a Marist school, our school is a place where :

- Hard work and excellence are valued.
- Where students are challenged to grow and learn
- Where all are encouraged to set high standards and apply themselves in all they do.
- Where each student is supported as they aim for success in their learning.

It is through a love of work that students develop strength of character and solid values on which to empower knowledge and learning. Our core Marist value of a Love of our work helps us to also understand the role that each person plays. Red Bend students are inspired and challenged to become, as St Marcellin said, to be good Christians and good citizens who will make a difference in the world.

May Mary our Good Mother and St Marcellin Champagnat continue to watch over our community.



OPEN DAY

Sunday March 7 2021
10am to 1pm

Guided tours from
10am - 1pm
Light lunch provided

Red Bend Catholic College, FORBES

For more information contact the College on 02 6852 2000



Deputy Principal's message Mr James Metzeling

Dear All ,

Well it's been another busy fortnight and it's been very pleasing to see that we have been able to start doing more activities with the students again. One of the things we pride ourselves on here is our students getting involved in all activities offered to them and how well they enter into these events willingly. Below is a re- cap of a couple of events that occurred in the last two weeks:

Year 7 Retreat -

The Year 7 retreat occurred last week and it was amazing and enlightening to see the Year 7's get so involved in it and enter into it with enthusiasm and wonder. The theme for the retreat was "I have called you. You belong." Over the period of two days the students worked in small groups, sharing ideas, thoughts and also getting to know each other better. Congratulations to all students for getting involved.

Be Your Best Focus:

This Term's Be Your Best Focus for the students is "Presence". Presence is one of the Marist Characteristics that guides us in how we involve ourselves in school life. Presence involves caring for each other, seeking relationships founded on love, being attentive and welcoming each other with a sense of openness. We seek to establish positive relationships with all members of the community which in turn creates a climate for learning and for passing on values amongst our community for personal growth.

Examples of presence at school include:

Being a positive presence in each class
Having a positive presence around the College
Presence and participation at all upcoming College events- e.g. House meetings, Commencement Mass, House Swimming Carnival, retreats.

We hope that through the Marist characteristic of presence that our students grow to become Good Christians and Good Citizens.

House Athletics Carnival :

A fantastic day had by all today. The students are to be congratulated on their participation and willingness to get involved. It was pleasing to see Year 7's through to year 12's swimming and many of the costumes were excellent. There will be a more detailed write up in our next newsletter about the carnival , but we would like to congratulate Basil House on winning the carnival this year.

The Points were :

Basil- 750- 1st Place
McAuley- 690- 2nd Place
Xavier- 669- 3rd Place
Denis- 658- 4th Place
Loyola- 535- 5th Place
Chisholm- 480- 6th Place

Well done and thank to all staff and students for getting involved today.



MARCH

1-5	YR 12 Retreat
1	CCC Cricket Selection - Boys U15
	CCC Tennis Selections
7	OPEN DAY
8	YR 9 Reflection Day
9	DIO Swimming
10	Critical Pursuit - YR 9 & 10
	Parents as Partners
12-14	EXEAT Weekend
17	200 Years Catholic Education Celebration
	DIO Touch Football - Forbes
	In the Marist Way Staff Induction
22-30	YR 12 Formative Tasks
22	CCC Hockey Selections
23	DIO Football Trials (Soccer)
24	Western Rugby League Selections - Forbes
25	DIO Basketball
29	CCC Swimming
31	Cross Country
	CCC Touch Football
	YR 12 Parent Information Night
	LAST DAY OF CLASSES

APRIL

1-19	Holidays
12-16	YR 12 Matric Students Work Placement
19	Boarders Return
	YR 7-12 Parent Teacher Interviews
20 April	CLASSES COMMENCE

We apologise for the error but the school calendar had listed Monday 26 April as a Public Holiday, which it is not in NSW. Monday 26 April will be a normal day of school.

SCHOOL STREAM APP...

This will be our main way of communicating with parents. Please download the APP. If you need help, contact the College.

Year 7 to 10 assessment policy and procedures

Students in Years 7 to 10 have settled into their classes and over the next few weeks will begin to submit assessments. What follows are some frequently asked questions about assessment policy and procedures.

Frequently asked questions:

How do I find out when assessments are due?

Teachers advise students at least two weeks before the due date and provide a paper copy of the task.

A copy of the assessment calendar and schedule is available for the students on their year level Google Drive.

Parents can access the the assessment calendars and schedules on School Stream.

What process do I follow if I have been unwell, experienced a misadventure or have a College extra-curricular commitment (eg sport) and have not been able to complete my assessment?

You are to go to the Student Service Office (SSO) and fill in an extension form. Parents are to also sign the form. Students return completed form to the SSO for processing. Teachers are advised of the granted extension.

What if I miss an in class assessment?

If you miss an in class assessment item, and your absence from school is explained, you may be asked to complete the task when you return to school. If this is not possible, you will be given an estimated mark for the assessment. Deliberately missing an in class assessment may result in a zero mark.

If you have any questions about assessments please contact Director of Curriculum dsc@redbendcc.nsw.edu.au

Year 11 assessment

Students in Year 11 have now received their assessment calendar and schedules. The students have been encouraged to begin their studies well and put all of their best efforts into achieving excellent results in their first round of assessments.

Frequently Asked Questions:

How do I submit an assessment?

Senior assessment items are to submit their assessments online to Turnitin and hand deliver them by 9.00am on the due date to a locked assessment cupboard which is located in the upstairs student foyer of the Curriculum area. Students are to sign and attach a cover sheet indicating that the assessment is their own work.

What if I am away when an assessment is handed out?

If a student is away when assessment information is distributed, it is their responsibility to find out what went on in class that day.

What do I do if I am ill or have experienced a misadventure on the due date?

If a student experiences illness or misadventure on the due date of an assessment or exam the parent/guardian is to contact Mrs Martin dsc@redbendcc.nsw.edu.au. If the student's absence is due to illness a medical certificate will be requested.

Can I claim misadventure or illness after the due date?

Retrospective misadventure and illness claims, in most cases, will not be accepted.

What happens if I do not have a satisfactory reason for not submitting a task?

If a satisfactory reason for absence is not provided, a zero mark will be given for the task.

I am going to be absent for an assessment/exam, due to a school commitment (sport etc.). What should I do?

If students know in advance that they will be absent for an exam/s or an in-class assessment item they are expected to see Mrs Martin. A decision will be made on whether the absence has been approved. Exemptions will be made for any unforeseeable circumstances.

Those students' whose leave is not accepted, will be expected to be at school to complete the assessment item on the due date. If a student knows in advance that they will be absent on a due date eg Work Placement, Excursion, Sports event you are to hand in the item on or before the due date.

What if I am unable to sit for an assessment item?

In exceptional circumstances, an estimate based on other tasks completed by students will be used if there is a valid reason for not completing a specific task.

What happens if I am suspended?

If a student is suspended:

- The due date remains the same if it is an out of class task. The task is to be emailed to Mrs Martin
- The due date will be extended for the length of the suspension if it is an in-class assessment item.

If parents have any questions about the Year 11 assessment policy don't hesitate to contact the Director of Curriculum dsc@redbendcc.nsw.edu.au. A copy of the Year 11 Assessment policy, calendar and schedules are available on the College Website.

Grandparents virtual morning tea

They say it takes a village to raise a child and the valuable contribution of Grandparents and extended family cannot be underestimated. Due to Covid restrictions we were unable to invite Grandparents and family to the school, so on Monday, February 22 Year 7 celebrated their Grandparents and extended family with the livestreaming of a presentation and prayer.

A number of Year Seven students reflected on their first weeks at Red Bend and many were involved in the liturgy. Year Seven enjoyed a special morning tea that was catered for by the Red Bend kitchen.

A great morning was had by all and we will look forward to the time when we can invite family and friends back into our school.

If you would like to watch the presentation and prayers, please open this link: <https://grandparentsday>



Student well being

During PC classes students will be introduced to a program called Pulse. Pulse is a tool for measuring week to week well-being and engagement of students. Once a week, students will be prompted, by email, to complete a 'check in' which involves 4 or 5 questions. The goal is to give students a safe way to make their voice heard and for the school to respond to those in need. If you would like any more information regarding this program please contact Mrs Jenny McDean.



Basil bulletin

Welcome to 2021 everyone. The year is going so fast and the great house of Basil has had some changes to its hierarchy. But before I introduce myself and our leaders, I would like to welcome all of our newest Basil bullfrogs. From all the new students in Year 7 to a handful of new students in Year 8-12, you are now members of the proud Basil House and I look forward to building strong relationships with all of you in the time ahead.

I would like to introduce our 3 leaders this year with a little information on each of them.

Where are you from?

What are your hobbies/interests?

Do you have siblings at the school or been to the school?

What is your favourite aspect of being a leader of Basil House?

House Captain - Ella Burke

I'm from a little area called Yarrabandai which is in between Parkes and Condo where I live on a farm. I was previously a boarder but since getting my Ps I now drive to school.

I love hanging with family and friends and I play league tag for the senior magpies which I really enjoy. Great bunch of girls.

I have two older brothers Mitch and Jai Burke that have previously graduated Red Bend. They were both Basil captains as well which is pretty cool.

My favourite part about Basil house is the family spirit. Everyone is lovely and always willing for a chat. Everyone also gets involved in the school life and does their best which is another great part about Basil. I feel very privileged to be captain for 2021.



House Captain - Oscar Ryan

I'm from Trundle which holds the widest main street in NSW and is home to the mighty Trundle Boomers. I live on a farm halfway between Trundle and Bogan Gate. I catch a bus or drive myself to school each day.

I love playing U18s footy with the Forbes magpies. I also enjoy playing cricket with the Trundle Ducklings, although I do average a duck each game it is still good fun playing with some nice fellas.

I have one older brother Bill who has graduated and was also Basil Captain at his time at Red Bend and one younger sister Lily who is currently in Year 10.

My favourite part about being a leader of Basil house is having the privilege to lead the way for all the awesome and enthusiastic members in our house. In all swimming and athletics events we participate in, each and every student of Basil house tries to the best of their ability.



Liturgist Captain - Tahnee Purdie

I'm from a little town located around 70kms from Forbes called Quandialla, where I live on a farm just outside of the small community. During the school year I am a weekly boarder allowing me to study at school without the long travel twice everyday throughout the week to get to school each day.

I love being around my family and spending time with friends outside and inside of school. I play League tag for the Grenfell Goannas and women's Tackle footy for Woodbridge Cup as well as a bit of fishing and skiing to soak up the summer sun.

Two of my brothers have previously been through Red Bend. Jai just recently graduated last year and my eldest Lleiton finished 5 years ago leaving in Year 11 to get a trade.

The Basil house spirit is awesome, everyone gets in, has a go at everything that is put in front of them and we all care for each other. Being the House Liturgist Captain, I love to see new people putting their hand up for new activities and new experiences. I feel extremely fortunate to be able to be a part of Basil House for 2021.



What a great team we have and I wish our leaders and our Year 12 students all the best in their studies this year.

With Mrs Louise Spry taking leave for 12 months, I am honoured to be Basil House Coordinator this year. It has been a great start to the year and I look forward to helping all students in Basil reach their full potential and achieve their goals for 2021.

Thank you for all your support, good luck at the swimming carnival. But most of all.... Go you Bullfrogs

Yours in green
Sam Coote



Sporting events ...

UPCOMING EVENTS:

Registrations are open for several NSWCCC 2021 pathway sports. More information can be found at www.csnsw.sport or contact Mr Rudd. Sports include:

Hockey – Open Boys & Girls, 16s Girls – 22 March – Close 15 March

Diving – Boys & Girls – 29 March – Close 19 March

U15's and Opens Rugby League - 24th March

Diocesan Swimming Tuesday 9th March (selected students)

Diocesan Touch Football Trials Wednesday- 17th March (selected students)

Diocesan Football(soccer) Trials- Opens Girls & Boys- 23rd March

Diocesan Basketball 25th March (teams selected at school)

If you wish to nominate for any of the above events please see Mr Rudd prior to nominating.

AROUND THE GROUNDS IN THE COMMUNITY

Congratulations to:

Ranch Sorting Dubbo held its first event for the year on the weekend with Red Bend Catholic College (students and a couple of staff) well represented. Some impressive results from all involved.

Results in the #2 Beginners Non Handicap class:

Grace Frazer, 2nd and 5th

Heidi Newton 3rd

Mrs Laura Tandy 3rd and 5th

Ms Kate Demamiel 2nd

And in the most competitive class #4 Non HC from the weekend :

Alex Hanley 1st (riding with her dad)

Forbes Junior Rep Cricket U12's side and Parkes Junior Rep Cricket U14's side who have made the grand final of the inter town competition. Congratulations and Good Luck.

It is pleasing to see so many students actively involved with sport in our community. It would be great to hear about more so if there are other incredible efforts please let myself know by sending an email to; sport@redbendcc.nsw.edu.au

Thanks

Mr Rudd | Sport Coordinator

Swim team ...

Congratulations to the students who will be competing in the Red Bend Swim team at the Dio carnival in Dubbo on Tuesday 9th March. Students have received their permission notes and they can check their events on the sports notice board or on the Sport Google Classroom.

A special mention must go to the three girls who broke records at our carnival-

Andie Hodder- 50m Freestyle

Meg Turner- 100m & 200m Freestyle

Ellie Mattiske- 50m Freestyle, Backstroke, Breaststroke and Butterfly plus 200m Medley.



Names: Ella White, Mrs Melissa West, Ava Hughes, Alex Hanley, Bella Davie, Heidi Newton, Grace Frazer, Mrs Laura Tandy

House Swimming Carnival



Macbeth hits the stage

The CAPA Team has had an amazing response to the launch of the production - Macbeth. "It is a tale" that 50 of our students are dying to tell! Thank you to all those students from Year 7 through to Year 11 who have taken on the challenge.

Work has begun in earnest. Scripts read, lines rehearsed, mood-boards and set design in production. To add to all of this, an ensemble of musicians are ready to provide the musical score and our 'techy' crew are itching to work with the lighting board. Over the next few weeks, the cast and crew will have many opportunities to work towards staging the play. This includes events planned during Open Day. Parents and friends interested in a sneak peek of the play in progress can witness the music ensemble, cast and crew at work on Sunday, 7th March.

The Creative and Performing Arts have been recognised for some time as a subject area that can be of great benefit to the development of children. In fact, Music, Art, Drama and Photography have been found to improve a student's ability to apply critical thinking skills. They are those skills that demand that we question, analyse and evaluate what we read, hear, say and write. "Arts experiences boost critical thinking, teaching students to take the time to be more careful and thorough in how they observe the world." (Greene, et.al 2014)

To confirm the findings we did a little research ourselves. We asked our students, "How do the Creative Arts improve my ability to think critically?"

Bella Thompson: Physically doing a task allows me to understand a play more. We can then talk about it and discuss other ideas. Even with presentations in class you are better at it because you do it every day.

Marly Handford: (The Creative Arts)... helps me see things from other people's perspectives. This makes the world easier to understand.

Kaitlyn Maloney: (The Creative Arts)... teaches me to look at all the little details and how each individual thing makes a 'big picture'.

Kendra Dunn: Sometimes 'it' is not always as it seems, or obvious. Art and Photography opens me up to new perspectives and this helps me think critically.

Tom Buesnell: I can break down plays and look deeper for ideas. I am able to represent any text we get, looking further into it to explore problems in society and stuff like that.

Georgia Sideris: (From studying The Lieutenant of Inishmore) We become more aware of problems internationally, such as conflicts in Ireland. We become more knowledgeable.

Paris Neville: The Creative Arts improve my ability to think critically as it gives me more insight into the history of the world and how the arts are relevant because they comment on our history.

Riley Hofman: The theory in art improves your knowledge of events that happened over time. Art can tell specific stories about politics, society and key events we should all know about.

Eliza O'Connell: The Arts help me understand different concepts and ideas that people are able to communicate through a range of forms.

Elsa Cusack and Heidi Newton: The Creative Arts help us process information. It teaches you to look at details you wouldn't normally pick up. We cover a lot of different subjects that make it easier to learn in other courses we study.

Naomi Turner: Art opened my eyes to what I want to do later in life. Artmaking makes me think critically about life, about the world around me and how the world does things.

Our CAPA Student of the Month:

Each month, the Faculty Team is identifying students who demonstrate excellence in their application and commitment to practice.

Alex Hanley: Making enormous improvements in her performance practice routine and commitment, which has allowed her to create refined and stylistic performances that showcase her vocal skill.

Wendy Burke

CREW

Kailie Coe
Mykel Coe
Katie Duong
Rini Emesis
Karlia Cohen
Bridget Mrak
Claire Houghton
Tarnee Hughes
Alison Reeves

BAND

- Thomas Brindle
- Alex Mitchell
- Belle McCarthy
- Penelope O'Connell

MACBETH

Something wicked this way comes...

FRIDAY 30TH APRIL

TBA - During the school day

SATURDAY 1ST MAY

6:30pm in the MPH



Role

First Witch
Second Witch
Third Witch
Duncan
Malcolm
Donalbain
Lennox
Ross
Sergeant
Macbeth
Banquo
Lady Macbeth
Messenger
Macduff
Fleance
Porter
Attendant
First Murderer
Second Murderer
Third Murderer
Servant
Hecate
First Apparition
Second Apparition
Third Apparition
Ghosts of Kings

Lady Macduff
Lady Macduff's Son
Menteith
Angus
Caithness
Seyton
Siward
Young Siward

Performer

Grace Shepard
Siobhan O'Malley
Andrea Varghese
Annabelle Sturgiss
Chloe Pryor
Jade Coulston
Alex Murru
Lara Smith
Beau McMahon
Lila Yates
Daisy McMahon
Keera Walsh
Laura Cox
Georgette Pereira
Gabriella Pereira
Ned Brown
Charlotte White
Elizabeth Drewes
Ashleigh Woonton
Zali Johnson
Shaianne Metzeling
Ileerose Haydon
Izzy Brown
Caleb Vickers
Marty Davies
Leah Van der Merwe, Elinor Turner, Amelie Kerr
Aria Johnson
Sophie McGrath
James Simpson
Annabelle Hammond
Kalasin Cain
Josie Jennings
Grace Taylor
Isla Kennedy

Project Compassion

This Project Compassion, during Lent 2021, we are all encouraged to be more in whatever circumstances we find ourselves in. Many people have suffered so much this last year due to COVID-19 and it's many economic, social and emotional side-effects. But in all of those challenges, some people have truly arisen to be more, to serve and love others. We can be inspired by people like Margret from the Solomon Islands, who is featured in one of the Project Compassion stories. She was born deaf, but is now a teacher at a school for deaf students. Her school had water shortages and was damaged by Tropical Cyclone Harold in April 2020. But with the help of Caritas, Margret and her community installed tanks and cyclone-proof materials, as well as COVID measures like face masks and tippy taps. Despite her challenges, Margret can be more for herself and her students, so that they can live in a healthy environment.

Find out more or donate at: <https://lent.caritas.org.au/>



Lent

A Time to Renew



OPEN DAY

Sunday March 7 2021
10am to 1pm

Guided tours from
10am - 1pm
Light lunch provided

Red Bend Catholic College, FORBES

For more information contact the College on 02 6852 2000

Download our school app for free!



Download on the
App Store



GET IT ON
Google Play



schoolstream



Red Bend Junior Rugby League 2021 Season.

PLAYERS WANTED!

If you are aged 4-16 years we want you to join our team!



WE ARE INCLUSIVE
WE ARE POSITIVE
WE ARE UNITED
WE ARE DISCIPLINED
WE ARE RED BEND BLUES!



🏉 RUGBY LEAGUE

Under 6's, under 8's, under 10's, under 12's, under 14's & under 16's.

🏉 LEAGUE TAG

Under 8's, under 11's, under 14's & under 17's.

🏉 REGISTRATION FEES

\$120 per player - includes socks & shorts. *all new registered players will receive a training shirt.

🏉 ACTIVE KIDS VOUCHERS, you can use your active kids vouchers to register your child.

- If you are interested in registering follow the link: playrugbyleague.com. If you have any questions please email; redbendjrl@gmail.com or you can contact Club Registrar Shaun on 0498121416, Secretary Louise on 0439455499.

Join and receive
a \$100* voucher



Forbes District Soccer Club 2021

Online Registrations are now open for the 2021 Winter Football Season
Competition Starts Saturday 24 April

BECOME A PLAYER

U4 & U5 - Miniros



Forbes DSC very successful Under 4 & 5s Miniros program will continue into 2021.

Online Registration: www.myfootballclub.com.au/kick-off finder, type in 2871 for Forbes and select Under 4s or Under 5s program.

(Face to Face rego details below)

BECOME A PLAYER

U6 - SENIORS



Players turning 6 (U/6s) through to Seniors - both Ladies and Men need to register online at ...

www.myfootballclub.com.au and select Forbes District Soccer Club.

*The NSW Government now provide a \$100 voucher to parents / guardians of school / TAFE enrolled children aged 4.5 to 18 via the Active Kids Rebate. The \$100 voucher can be used towards registration costs and requires you to create an account at www.service.nsw.gov.au and enter your medicare details for each child that will be playing soccer. You will be given a voucher code for each child and can enter the voucher code at the payment section of Online registration plus the Club Gap Fee.

Face to Face Registrations will be held at Forbes Services Memorial Club
on the 20, 27 February, 6, 13, & 20 March from 10am - 12pm.
Entry from Templar Street

Inquiries: Doug Mckenzie 0412 287 810, Ash Milford 0404 039 772