

Red Bend Catholic College



A local community of Mission within the Australian Marist Community

Newsletter



Principal's message | Mr Stephen Dwyer

On Friday 13 November at 9.30am, a special ceremony will be held at the College, to acknowledge and celebrate 94 years of Marist Brothers' presence and spirit at the College and in the Diocese of Wilcannia Forbes. The ceremony will be streamed online to meet COVID guideline restrictions, with some invited guests onsite. We warmly welcome all parents, carers and community members to watch and engage with this ceremony online by clicking on the link below.
<https://youtu.be/XdSJRJ1LXHA>

The ceremony will include a liturgy led by Bishop Columba Macbeth-Green OSPPE DD, Bishop of the Wilcannia Forbes Diocese and speeches and presentations by Special Guests including Br Peter Carroll, Provincial of the Marist Province of Australia, Dr Frank Malloy, National Director of Marist Schools Australia, students, staff, parents and ex-students.

As an era of having Marist Brothers on site at the College comes to an end at the conclusion of the 2020 year, Marist life and mission continues to be enlivened by the strength of that same Marist spirit that was passed on from St Marcellin Champagnat. We hope you are able to join us online for this ceremony celebrating the presence of the Marist Brothers at the College from 1926-2020.

At our Week 4 assembly I reflected with the students and staff on the Gospel of the Beatitudes from last Sunday, Matthew 5:3-12. Here Jesus offers blessing on people who are: gentle, humble, meek, courageous, merciful, compassionate, peace makers and who stand up for what is right. Thus to be of these attitudes will bring great blessings to you. Notice how all these Beatitudes deal with how we relate to one another and the way we maintain mature and healthy connection with God. The focus is on our relationships with one another, with ourselves and with those we encounter in life. Jesus teaches us that happiness does not reside in possessions, successes or achievements. Real happiness resides in a heart open to loving, to giving, to caring and to enhancing the lives of others. Jesus invites us to find this kind of happiness through a life of witness, service and solidarity. As a Marist community we speak of our Family Spirit, our way of relating and connecting in trusting and loving relationships. Let us reflect on each of these Beatitudes as blessings on us and our community when we live and reflect these attitudes in our daily lives.

Last Friday the College celebrated a Day for Daniel, a day of action to raise awareness of child safety, protection and harm prevention. The students actively engaged in awareness raising activities and raised money for the Daniel Morcombe Foundation. The safety and wellbeing of all students at the College is our priority and Day for Daniel encourages us to have conversations around these important areas of safety. The money raised on the day not only helps to develop resources, but it also helps victims of crime. Congratulations to all students and staff for their participation and engagement in the day.

On Monday I was privileged to spend the day with our new student leaders as they reflected on their role as leaders in our Catholic Marist community. We are truly blessed to have such great student leaders who are inspired to serve others. I look forward with much hope for the year ahead. Finally the building project to refurbish and extend the Boys' Boarding will be underway next week. The project has been delayed for various reasons, including the impact of COVID-19. It is exciting to see the project get underway. It will provide a modern living environment with extended recreational spaces for our boy boarders. The project will take over 12 months to build and we look forward to its completion in early 2022.

World Teachers' Day was commemorated on Friday 30 October. It's a time to recognise and celebrate the integral role of teachers in our community. The professionalism, commitment and hard work of our teachers, especially during these critical times, is clearly evident. The vital role of our teachers cannot be underestimated as they teach, inspire and enliven learning and faith for our students. I have had the privilege of working with and learning from so many inspirational teachers. They bring to life our mission of forming 'Good Christians and Good Citizens'. Thank you to all our teachers for what they do each and every day.

May Mary our Good Mother and St Marcellin Champagnat continue to watch over our community.

Year 7 2021 Orientation Day Monday, 16 November

For more information contact the College



Deputy Principal's message | Mr James Metzeling

In this week's newsletter I thought I would touch on a characteristic that we want to develop in our children but sometimes this same quality can be misconstrued if not developed in the correct manner.

Confidence can sometimes be seen as a negative as we often refer to it when someone is overconfident or we sometimes refer to "tall poppy syndrome" where some may want to bring down those who achieve, however, the confidence we are talking about is:

"the feeling or belief that one can have faith in or rely on themselves, someone or something. It includes when we feel certain about the truth of something and it is the feeling of self-assurance arising from an appreciation of one's own abilities or qualities."

If we can evoke confidence in our students then they are more likely to:

- Try something new
- Go out of their way to help people
- Be willing to stand up for those who need help
- Try their best
- Make better decisions
- Deal with the blows of everyday life
- Study hard

And ultimately have the confidence to not be content with mediocrity.

In order to help develop confidence in your child I would encourage you to try the following which help teens gain confidence:

- Be practical- Look for the practical and positive things your child can do
- Give your child the opportunity to try new things
- Model confidence in your own ability
- Encourage your child to act confidently
- Practice Social Skills
- Praise your child's efforts
- Avoid criticism as much as you can
- Encourage Extra Curricular Activities

If we can all try these things when dealing with our students and children then we are empowering them with skills for life.

The importance of Giving:

Recently I came across this reflection on the importance of giving. I thought it would be good to share with everyone and hope that our children look to give to others and look out for those less fortunate than us.

A story on giving

I love this story from Katharine Hepburn's childhood; in her own words.

"Once when I was a teenager, my father and I were standing in line to buy tickets for the circus. Finally, there was only one other family between us and the ticket counter. This family made a big impression on me.

There were eight children, all probably under the age of 12. The way they were dressed, you could tell they didn't have a lot of money, but their clothes were neat and clean.

The children were well-behaved, all of them standing in line, two-by-two behind their parents, holding hands. They were excitedly jabbering about the clowns, animals, and all the acts they would be seeing that night. By their excitement you could sense they had never been to the circus before. It would be a highlight of their lives.

The father and mother were at the head of the pack standing proud as could be. The mother was holding her husband's hand, looking up at him as if to say, "You're my knight in shining armor." He was smiling and enjoying seeing his family happy.

The ticket lady asked the man how many tickets he wanted? He proudly responded, "I'd like to buy eight children's tickets and two adult tickets, so I can take my family to the circus." The ticket lady stated the price. The man's wife let go of his hand, her head dropped, the man's lip began to quiver. Then he leaned a little closer and asked, "How much did you say?" The ticket lady again stated the price.

The man didn't have enough money. How was he supposed to turn and tell his eight kids that he didn't have enough money to take them to the circus? Seeing what was going on, my dad reached into his pocket, pulled out a \$20 bill, and then dropped it on the ground. (We were not wealthy in any sense of the word!) My father bent down, picked up the \$20 bill, tapped the man on the shoulder and said, "Excuse me, sir, this fell out of your pocket."

The man understood what was going on. He wasn't begging for a handout but certainly appreciated the help in a desperate, heartbreaking and embarrassing situation.

He looked straight into my dad's eyes, took my dad's hand in both of his, squeezed tightly onto the \$20 bill, and with his lip quivering and a tear streaming down his cheek, he replied; "Thank you, thank you, sir. This really means a lot to me and my family."

My father and I went back to our car and drove home. The \$20 that my dad gave away is what we were going to buy our own tickets with.

Although we didn't get to see the circus that night, we both felt a joy inside us that was far greater than seeing the circus could ever provide. That day I learnt the value to Give.

The Giver is bigger than the Receiver. If you want to be large, larger than life, learn to Give. Love has nothing to do with what you are expecting to get - only with what you are expecting to give - which is everything.

The importance of giving, blessing others can never be over emphasized because there's always joy in giving. Learn to make someone happy by acts of giving."

~ Katharine Hepburn



T's Textbooks

Your child's textbooks for 2021, are to be ordered directly from T's Textbooks.

<https://www.tstextbooks.com.au/ordering>

We have chosen this company as they offer new and second hand books (subject to availability) at very competitive rates. This system allows students to be fully prepared to start classes from Day 1 in 2021.

Please check your email for full instructions on how to order.



Director of Faith Formation | Mr Matthew Pearce

Faith in our College community is thriving, even with restrictions. In just 4 weeks, for example, our College has offered 14 liturgies and masses, 3 Outreach programs, 3 BBQ fundraisers for those in need, 3 Meals on Wheels delivery drives, and 3 training programs for student leaders, liturgy captains and St Vincent de Paul Year 11 students! And that's just a taste of how faith is inspired through hearts, minds and spirits at Red Bend. A sincere thanks to Bishop Columba Macbeth-Green, Fr Simon Apablaza and Fr Barry Dwyer along with staff and students involved in being the light of Christ for all. In Marist news, we look forward to our Marist Student Leaders Gathering occurring on the 23-24 November in the College Chapel. This forum will allow students leaders from all over NSW/ACT Marist schools to learn from the Marist Youth Ministry team. They have a great program which will guide students through Christ-Centred and service-based leadership.

Moreover, our College Liturgy Captains will be connecting with student leaders from the Bathurst Diocesan schools to learn about leadership through liturgy and music!

In Catholic news, have you ever wondered what happens in a Seminary, where priests are trained? Check out the latest Worship Wednesday. [Click here](#)

Liturgy Captain's Assembly Prayer Term 4 Week 4 assembly:

Our College continues to pray for our Year 12 students as they approach the end of their exams. God, give them the strength to continue to do their best.

Last Sunday's Gospel was on the Beatitudes. These are attitudes Jesus asked us to strive for as Christians. From one bible translation, we hear this "Fortunate are you when people say bad things against you because you believe in me. Or they may hurt you. Or they may say things about you that are not true. God is preparing many good things for you in heaven."

Jesus was not asking us to accept people hurting us for believing in God. He is asking us to be okay with being different, vulnerable and frail. These differences make us who we are. They make up our faith, our personalities and our hearts, minds and spirits. Let us instead, pray for those who hurt us.

Our prayer:

God of our hearts, minds and spirits,

We pray for those who hurt us.

We ask you to help us forgive hurtful comments and actions.

Allow your spirit to enter all of our hearts,

And fill our spirits with the joy of the Gospel.

SRC Update

Student Representative Council Assembly Report Term 4 Week 4 assembly:

Good afternoon all,

The BRC is on BBQ this Thursday morning

And a reminder the Be Your Best focus for Term 4 is for showing family spirit. If you receive a pink token, please write your name on the token and put it in the House Coordinators box.

The Junior SRC met last week and discussed rosters for assembly, BBQs, canteen and Outreach, to review our Brekkie Hub and the way in which we monitor our well-being.

This week, the SRC are applying for positions of leadership within the SRC with some delivering speeches in the next fortnight.

We would like to congratulate the Year 11s who attended the Marist Superconnect on Friday evening. They listened to guest speaker, Shannon Thorne, a proud Wiradjuri and Kamilaroi man on his work with fellow Indigenous people. He said in response to a discussion on Indigenous reconciliation, "No one is responsible for the past but you can play a part in tomorrow." Look out for more details in this week's newsletter.

Finally, the SRC would like to thank Jack Whitty and the study skills team for making this video. We hope you enjoy and pick up a few tips! (To watch the video [click here](#))

We are the SRC and we're here for you.



Yearly Exam preparation

Year 7-10 exams

Yrs 7 and 10 have their PDHPE exam on Monday 9 November
Yrs 8 and 9 have their PDHPE exam on Tuesday 10 November and
Yr 10 have their Geography exam on Wednesday 11 November.

All other exams start on Thursday 19 November. All students should have received their exam timetables via email. These timetables are also on the Shared Drive for each year group. Students have been asked to write each exam in their handbook. Please let us know if your child cannot find them.

All students are expected to attend every exam. If away, they must have a justified reason, otherwise they will receive zero for that exam. If students are away due to illness, we ask please that parents make contact with the school that morning.

Hopefully, students have started preparing for these exams. If not, it is never too late.

At assembly this week, the SRC went through some top study tips with all the students. These included:

1. Be prepared and start early.
2. Make sure you read the notification.
3. Use the syllabus.
4. Memorise the key ideas and then explain them to a friend/parent without using your notes.
5. Complete practice questions.
6. Know your glossary terms.
7. Use colour.
8. Use mind maps, tables, study cards.
9. Ask as many questions as possible.
10. Use the study centre.

After homework is completed, students should be trying to spend some time on study for the subjects they have exams in. Some students find this easier to do than others. Parents, siblings or friends are also a great source of motivation and can help students with their study. This could include writing out key vocabulary and their definitions, summarising class notes, reading over class notes, having someone ask questions on classwork. Remember to use the notifications and the syllabus to help structure what

you have to know and remember. It is important to realise that there is no right way to study as different ways work for different people. The aim is to work out what works best for you. Remember that every little bit counts.

The Study Centre is up and running again this term until the end of Week 8. This is a great way to make sure you spend some time completing homework and studying with the help of the teachers. Please remember that transport is available back to Forbes and Parkes each day, leaving RBCC at 4.30pm.

Study Centre hours are as follows:

Monday:	3.30- 4.30pm	
Tuesday:	3.30- 4.30pm Juniors	3.30- 8pm Seniors
Wednesday:	3.30- 5pm	
Thursday:	3.30- 4.30pm Juniors	3.30- 8pm Seniors

If you have any questions, please don't hesitate to contact Deborah Wheeldon on 6852 2000 or by email at deborahwheeldon@redbendcc.nsw.edu.au.


**KEEP
CALM
AND
STUDY FOR
EXAMS**

Cattle team

On Friday 23 October, the Red Bend Cattle Team should have been travelling on the bus to Scone to compete in the Upper Hunter Beef Bonanza with 11 steers in toe to be judged on the hoof and hook. Due to Covid this was not happening but the Beef Bonanza committee still provided an opportunity for students to gain something. As disappointing as it was to cancel the 2020 event, they were extremely excited to present several educational webinars and the 2020 Upper Hunter Beef Bonanza Virtual Junior Judging Competition.

The cattle team was invited to join in for the entire day at school. The program was as follows:

2020 Upper Hunter Beef Bonanza Guest Speakers:

Live Q and A Session:

- Ben Hiscox – Bob Jamieson Agencies, Inverell, and Moree
- Liz Pearson- Commercial Supply Chain Manager, Angus Australia
- Bec Burnham- Boogal Cattle, Nuffield Scholar and Central Queensland Brahman Breeder.
- Michael Campbell- Beef Cattle Operation, Adelong, Southern NSW & Lecturer in Farming Systems at CSU Wagga Wagga
- Live ICMJ Meat Science Demonstration:
- Dr Peter McGilchrist – Senior Lecturer, Meat Science, University of New England
- Dr Jarrod Lees – University of New England
- Demi Lollback – Meat and Livestock Australia

Plus we watched 4 of the 10 pre-recorded webinars on all sorts of cattle topics.

Those that attended gained some valuable information and we had a really successful day. Just talking with other like- minded people is a great opportunity.

A few of the team has signed up for the Virtual Junior Judging competition-entries closing 6th November. We'll see how we go with this.



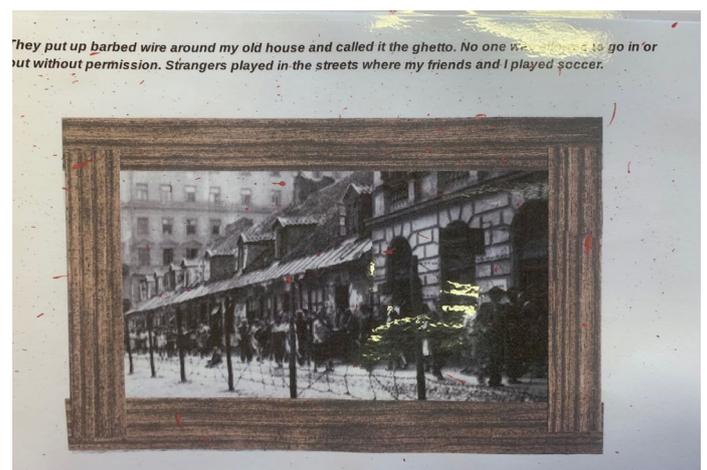
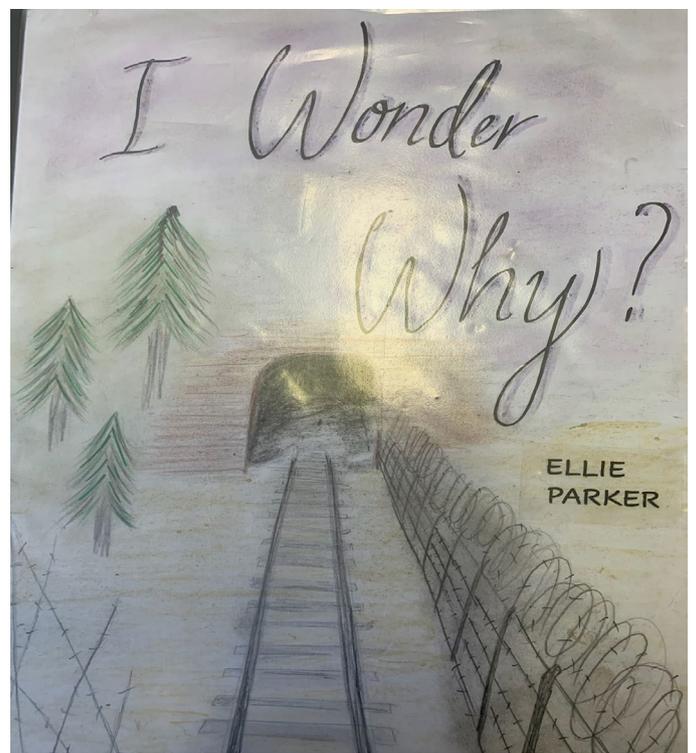
English

Year 7 English

Last term Year 7 English worked on a unit called, 'Representations of Children'. Students read the novels, 'Surviving Hitler' which tells the true story of Holocaust survivor, Jack Mandelbaum and 'Trash' a story that highlights how some children have to grow up living in extreme poverty. This unit allows students to learn about children's experiences from other cultures and different periods of history, providing them with a different perspective of life. Students created their own picture books focusing on telling the story of young children from another country who have experienced conflict. Students are to be congratulated on their creative and original efforts!

Year 9 English

Last term, 9.5 English followed the story of a young Cambodian man named Vithy. We listened to his story in Little Brother written by Allan Baillie. He tells of a war torn Cambodia and the terrors under the Khmer Rouge. Throughout the novel he describes the landscape and living conditions of Cambodia during this time. He also discussed the ancient city, Angkor Wat. Students were fortunate to have taken a virtual tour of where Vithy has visited. We used Google Expeditions to immerse ourselves in Vithy's environment. Miss Toohey narrated the spiritual and cultural significance of the sights while we were able to explore the scene through our goggles. It was great to incorporate Virtual Reality into the English Classroom and it was a fun experience for all!



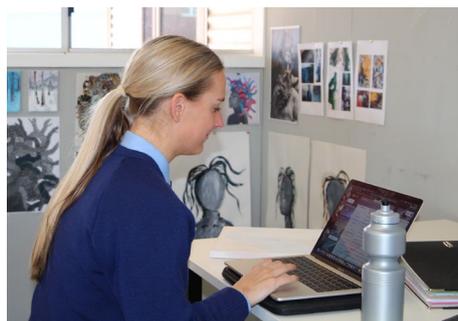
Creative Arts

Despite the interruption of the pandemic this year, students have continued to work creatively and joyfully in Art, Drama, Music and Photography classes. Junior classes were abuzz with the invention of Surrealist forms, Cubist lino prints, composing music and using ICT to create dynamic advertisements. Our Year 9 and 10 Photography students have taken on filmmaking and animation, developing an oeuvre of editing skills with technology popular within the Film Industry. Drama students have been developing their performance skills through play-building experiences intended to deepen student awareness of how to use focus, tension, space, time, place, symbol and an understanding of their role/character. Artists in Year 9 and 10 have explored artistic approaches to creating hyperreal drawings. This complex style of artmaking was met with enthusiasm, resulting in many highly detailed and intricate works. And while all this was taking place, the Year 9 and 10 Music students were developing their ensemble and performance skills. We have among us, a very talented group of students who truly enjoy the opportunities provided to create, think and perform.

The pressure was turned up a little for Year 11 students as they neared completion of the Preliminary courses. Bodies of work were submitted, performances assessed and, of course, examinations completed. Ahead of them, they are to make important decisions regarding their HSC examination performance items, projects and Bodies of Work. I encourage all students to identify their strengths and interests and to work alongside their teachers and peers in the next few weeks of term as they begin these new tasks. Feedback from assessments should be carefully considered and used to support directions taken and the development of essential skills.

Term 3 was of course, the term we were hoping to host our "back to the 80's" musical production. Even though we had covered every base possible and made arrangements for the show to continue online, changed health guidelines prevented continuation of the show. The production is at present, still postponed. Until restrictions specific to the regulations around students singing together in groups are changed, we cannot continue. The students involved in this production range from Year 7 through to Year 12. We have discovered a great deal of talent as a result of the process and we have certainly enjoyed working with these delightful students. Fingers crossed, we may know what will come of the musical in the near future.

During September, HSC Major Bodies of Work were submitted for marking and the Music Performance Examinations held. These events are significant to each student's HSC Course Exam mark. Our small but dedicated cohort of artists and musicians are to be commended for their outstanding level of preparation and refinement in the weeks leading up to the Examination process. Featured in this newsletter are images of the artworks and an explanation, composed by the students, of their work. I am very proud of all of our Year 12 cohort who remained steadfast in their pursuit of excellence. They have been a very strong group of students who, in turn, have demonstrated to their younger peers, the value of working with and celebrating your talents and interests. Thank you, Year 12, for leading creative culture within the College. The CAPA team wishes you all well in the upcoming written examination.



Creative Arts

Gracey Denham-Jones

Pambula 2020; "It is nature itself" (Preston)

This work depicts the horror of the December bushfires on the south coast town of Pambula, NSW. There are four plates that feature banksia's, an iconic national symbol. I have used these flowers to reference the detrimental effect of the Australian bushfires. My personal frightening experience while on holiday in Pambula recalls the feeling of being surrounded by stifling and smoking flames. Native flora is known to regenerate after fire, inspired by Preston who has said, "It is nature itself". Symbolically my work identifies the character of the resilient Australian.



Gracey Denham-Jones

Grace Loomes. Australia b.2003

Family Chorus, 2020 Lead pencil on paper, 3 x A3 drawings

This is a series of portraits of my family. Each person is spotlighted as they sing together, creating unity and harmony through a song we cannot hear. I wanted to express joy whilst hinting at the chaos that sometimes surrounds a family. I have used a hyper-real drawing technique to capture distinctive features of my family members. These distinguish and define them. They are individuals but collectively a family chorus.



Grace Loomes

'The Daimons that form us' 2020 Acrylic Triptych

Grace Osborne 2002 Australia

'The Daimons that form us', portrays a legend from Greek Mythology of the story of Medusa. The title itself refers to the 'demons' however the word 'daimons' directly links to greek language. The three portraits combined tell the story of Poseidon, Medusa and Perseus and demonstrate the relationship between them through the emotions displayed in facial expressions through expressive painting and colour. The left portrait shows Poseidon, a God of Sea who raped Medusa. It was because of this crude act that Medusa was punished by the higher Gods. She was forced to physically have venomous snakes as hair and stone cold eyes. This ironic act, often led audiences of the myth to perceive Medusa as though she is an evil beast. However, my artwork puts Medusa's character in perspective through portraying her as almost innocent and quite vulnerable. Her rapist (left portrait) and murderer (right portrait) flank Medusa to provide tension while reinforcing the idea that these men



Grace Osborne

Peggy Sullivan

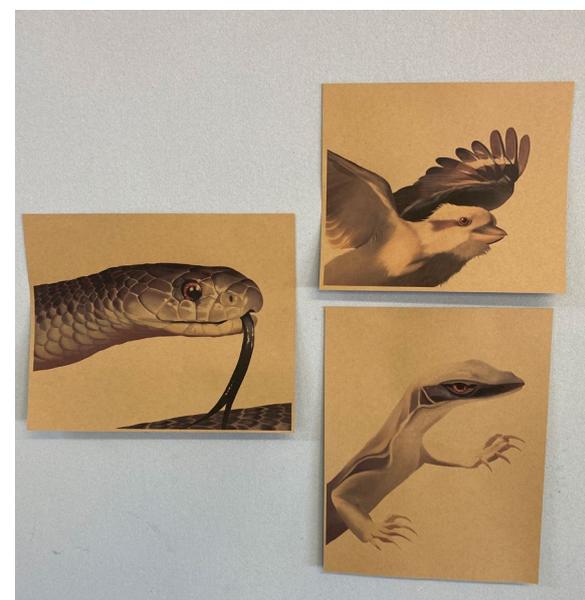
Australian 2002

The Custodians (2020)

Digital drawing on brown card paper

Three Australian animals ; Kookaburra, Brown Snake, Sand Goanna.

These are part of my Heritage and culture. My belief system calls on me to take responsibility for protecting each of these animals as a custodian of the land. I drew the animals in a modernised method, using a graphics tablet. I aim to signify the change in the world around indigenous people. With these custodians ever present, our culture stays strong at its core.



Peggy Sullivan

Emma Jones

Australia 2002

'ARKstone' 2020

Graphite pencil on paper

'ARKstone' consists of four A3 hyperreal graphite drawings; one landscape and three portraits. They capture objects during the early settlement and how man settled and farmed the natural environment. Thematically, the work is biblical in the way it parallels the story of 'Noah's Ark' (found in Genesis). These drawings feature four examples of how my family ancestors used available resources to build the essentials for living. The drawings pertain to the way time changes the material properties of objects, rubble, rust, rot, etc to become part of the evolving landscape and history of the land. Symbolically the object references a significant location evident in the title 'ARKstone' originates from a small NSW location, 49.4 km south of Oberon.



Emma Jones



LOYOLA

With our 4th House Carnival Day just around the corner, the Loyola Captains share their thoughts and the thoughts of other Red Bend students about the day. What makes it special and unique and why do the students enjoy it so much?

From my point of view as a House Coordinator, I enjoy the fact that the Houses come together in a competitive spirit, but it has a different feel than the more formal carnivals. It is more inclusive and recognises the talents of a wider range of students. At the Swimming Carnivals, the swimmers shine, at the Athletics Carnival, the athletes shine - at the House Carnival the playing field is leveled. It gives the new leaders a role early on in their tenure, a chance to show leadership prior to their final calendar year.

Chris Douglass | Loyola House Coordinator



Clinton Hooper

The House Carnival is my favourite day of the year in regards to our events as a school, mainly because it's Loyola's specialty, claiming the title of raining champs for 3 years. After a day of competing, showing our stuff on the field or the court we get to experience what our musically talented pupils have put together which is always good to watch with a different theme every year. I believe that the carnival day is the event with the highest participation levels, due to the activities that we participate in, these activities can include basketball, Fijian touch, handball, vortex and many more which are all great fun, easy to participate in and cater for everyone.



Jorja Mann

The thing that I love most about the House Carnival day is the wide range of activities that all Loyola students can participate in as a team. No one has to deal with the pressure of being alone in the pool or the running track. PC groups come together, encouraging each other, keeping the House Cup in mind - which we have claimed for the last 3 years. The House Carnival day allows the newly elected house captains to have their first taste of true leadership in a competitive environment. I love this day because we get to see the talent of our young Loyola lions, even in the musical performances which are always a hit.



Holly Kerrigan

We have been lucky enough to claim the win for the last 3 years for the House Carnival. I have always loved this day because I believe that Loyola has a huge range of talent and we really show that off on the house day. It's really awesome to see all our Loyola PC groups come together to try and claim the cup by encouraging and cheering on each other. One of my favorite parts of the day is watching the music performances. It's one of the best ways to end the house carnival with all the houses.

Harry Simpson - I enjoy the house carnival day because Loyola really comes together on this day and puts in lots of effort towards winning the House cup.

Cameron Madgwick - I enjoy everything about the House Carnival day. From dressing up in yellow, competing in all sorts of activities and finally listening to the music performance.

Liam Hunter - I enjoy the House Carnival because it's fun for everyone. You can be interested in sport or interested in music and you will still have fun being involved.



Forbes Community NAIDOC Celebration

Friday 13 November



Wiradjuri Dreaming Centre
4:30pm - 8pm

Official Ceremony at 6pm | Traditional performances
Girri Girri Games | Arts & craft | Awards | Stalls | Free BBQ | Activities



**Always Was,
Always Will Be.**



National Indigenous
Australians Agency

